

Achy Breaky Heart



Choreographed by: Melanie Greenwood (US)
Music: **Achy Breaky Heart** by **Billy Ray Cyrus**
Type: 4 wall, 32 counts
Level: Beginner

VINE TO THE RIGHT AND HOLD, HIPS ROCK AND HOLD

1 – 4 Right foot: step to the right, left foot: step behind right leg to the right, right foot: step to the right, hold.
5 – 8 Hips rock left, hips rock right, hips rock left, hold.

START TURN

1 – 2 Right toe touches backward, right toe touches to the right front.
3 Right foot step in front of the left leg to the left while pivoting $\frac{1}{4}$ turn counterclockwise on the ball of the left foot.
4 Left foot pivots $\frac{1}{2}$ turn counterclockwise, weight is fully on the left leg as you push backward with the ball of the left leg and then step down on the right foot.
5 – 6 Left foot: step backward, Right foot: step backward.
7 Left leg lifts until the thigh is parallel to the dance floor and pivot on the ball of the right foot $\frac{1}{4}$ turn counterclockwise.
8 Left foot: close to right foot.
1 – 4 Left foot close to right foot, left foot: step backward, right foot: step backward, left foot: stomp to close to the right foot.

HIPS ROCK AND HOLD

5 – 8 Left foot: step to the left and rock hips left, rock hips right, rock hips left, hold.

$\frac{1}{4}$ TURN, STOMP, AND $\frac{1}{2}$ TURN

1 – 4 Right foot: step $\frac{1}{4}$ turn clockwise, left foot: stomp to close to the right foot, left foot: step $\frac{1}{2}$ turn counterclockwise, right foot: stomp to close to the left foot.

VINE TO THE RIGHT WITH STOMP/CLAP

5 – 8 Right foot step to the right, left foot: step behind right leg to the right, right foot: step to the right, left foot: close to the right with a stomp and clap hands.

Start again!

/OPTION

Substitute a full turn clockwise for counts 1-4 when repeating the dance:
FULL TURN CLOCKWISE AND HOLD
The floor movement is in a straight line to the right.

1 – 3 Right foot step $\frac{1}{3}$ turn clockwise, left foot: step $\frac{1}{3}$ turn clockwise, right foot: step $\frac{1}{3}$ turn clockwise.
4 Hold, leaving feet apart with body weight over right foot, right leg straight, left knee slightly bent.