

# Ami Oh!



Choreographed by: Daniel Trepát & Pim van Grootel  
Music: **Ami Oh** by **African Connection**  
Type: 4 wall, 32 counts  
Level: Beginner/Intermediate

NOTES Dance starts after 32 counts

## **[1 – 8] 2X CROSS SAMBA'S, 4X WALKS TURNING $\frac{3}{4}$ TURN LEFT**

1 & 2 Cross right over left, step left to left side, recover onto right.  
3 & 4 Cross left over right, step right to right side, recover onto left.  
5 – 8 Walk right, left, right, left while making  $\frac{3}{4}$  turn left.

## **[9 – 16] SYNCOPATED COMPRESSED ROCK-STEPS, 4X SMALL HOPS FORWARD**

1 & 2 Step right to right side bending both knees, recover onto left, step right next to left.  
3 & 4 Step left to left side bending both knees, recover onto right, step left next to right.  
5 Small hop forward with feet apart (knees are bend again).  
6 – 8 Hop 3 more times as before and keep your knees bend.

## **[17 – 24] SYNCOPATED ROCK-STEPS, STEP, HOLD, SHUFFLE RIGHT**

1 – 2& Rock right to right side, recover onto left, step right next to left.  
3 – 4& Rock left to left side, recover onto right, step left next to right.  
5 – 6 Step right to right side, hold.  
&7 Step left next to right, step right to right side.  
&8 Step left next to right, step right to right side.

## **[25 – 32] JAZZBOX, BOUNCE FORWARD, BOUNCE BACK**

1 – 4 Cross left over right, step right back, step left to left side, cross right over left.  
5&6& Step left forward and bounce (bend knee), stretch left, bounce left (bend knee), stretch left.  
7&8& Step right back and bounce (bend knee), stretch right, bounce right (bend knee), recover left next to right.

Start Again!