Big Girls Boogie



Choreographed by: Mavis Broom (UK) Feb 07

Music: Big Girls (You Are Beautiful) by Mika (CD: Life In Cartoon)

Grace Kelly by Mika

She's Too Hot For Me by Sam Millar (CD: Most Awesome 4)

Type: 4 wall, 32 counts

Level: Beginner

NOTES: Start on vocals

WALK X2, KICK-BALL CHANGE, WALK X2 STEP 1/2 TURN LEFT

1-2 Walk forward right, left.

3 & 4 Kick right forward, step ball of right beside left, step left in place.

5-6 Walk forward right, left.

7 - 8 Step forward right, ½ turn left.

WALK X 2, KICK-BALL CHANGE, WALK X 2, 1/2 TURN LEFT

1-8 Repeat steps above.

HIP BUMPS FORWARD X 2, HIP BUMPS BACK X2, HIP ROLL X2

1-2 Small step on to right, bump hips forward twice.

3-4 Bump hips back twice.

5-8 Roll hips clockwise twice (as if you had a hoola hoop), weight ends on left.

STEP, POINT X2, SAILOR STEP, SAILOR 1/4 TURN

1 - 2
3 - 4
Step right over left (dip R knee), point left to left (optional shimmy).
3 - 4
Step left over right (dip L knee), point right to right (optional shimmy).

5 & 6 Step right behind left, step left to left, step right in place.

7 & 8 Turn ¼ left stepping left behind right, step right in place, step left next to right.

START AGAIN!! HAVE FUN AND SMILE! THIS IS A FUN DANCE WITH ATTITUDE!!!