

# Bomshel Stomp



Choreographed by: Jamie Marshall & Karen Hedges (Aug 05)  
Music: **Bomshel Stomp** by **Bomshel**  
Type: 2 wall, 48 counts  
Level: Beginner/Intermediate

NOTES: TAG after walls 2, 6 and 8

## **1 – 8: HEEL PUMPS, ¼ TURN SAILOR, ROCK, RECOVER, COASTER STEP**

1 & 2 Extend right heel diagonally forward, hitch right, extend right heel diagonally forward.  
3 & 4 Cross right behind left, turn ¼ left stepping forward on left, step right next to left.  
5 – 6 Rock left forward, recover onto right.  
7 & 8 Step right back, step left next to right, step left forward. [9:00]

## **9 – 16: "WIZARD" STEPS: STEP RIGHT DIAGONALLY FORWARD RIGHT, LOCK LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT, REPEAT TO L**

1 – 2& Step right diagonally forward right, lock left behind right, step right to right.  
3 – 4& Step left diagonally forward left, lock right behind left, step left to left.  
5 – 6& Step right diagonally forward right, lock left behind right, step right to right.  
7 – 8 Step left forward, touch right next to left.

## **17 – 24: STEP RIGHT BACK, SCOOT W/ LEFT HITCH, REPEAT W/ LEFT, COASTER STEP, SQUAT, ¼ TURN TO RIGHT, PELVIS THRUST WHILE PALM TURNED OUTWARD PRESSES DOWN (OR BODY ROLL AFTER 1ST WALL) (NOTE: LISTEN TO THE WORDS... "HONK YOUR HORN!")**

1& Step back on right, scoot right slightly back while hitching left.  
2& Step back on left, scoot left slightly back while hitching right.  
3 & 4 Step right back, step left next to right, step right forward.  
5 – 6 Wide squat step left to left, as look to right, turn ¼ right as stand up and step right next to left.  
(1st Wall: Honk Your Horn)  
7 With right palm turned outward, press down and thrust pelvis forward.  
& With right palm turned outward, raise toward chest and thrust pelvis back.  
8 With right palm turned outward, press down and thrust pelvis forward (ending with weight on left). [12:00]

## **25 – 32: "WIZARD" STEPS (SEE COUNTS 9-16)**

1 – 2& Step right diagonally forward right, lock left behind right, step right to right.  
3 – 4& Step left diagonally forward left, lock right behind left, step left to left.  
5 – 6& Step right diagonally forward right, lock left behind right, step right to right.  
7 – 8 Step left forward, touch right next to left.

Continues...

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**33 – 40: "BOMSHEL STOMP": STOMP RIGHT, HOLD, STOMP LEFT, HOLD, CCW ROLL, STEP, STEP, STEP**

- 1 – 2 Stomp right to right, hold.  
3 – 4 Stomp left to left, hold.  
5 – 6 Roll hips counter-clockwise, ending with weight on left as touch right next to left.  
7 & 8 Small steps forward right, left, right. [12:00]

**41 – 48: STEP LEFT, PIVOT ½ RIGHT, KEEPING WEIGHT ON LEFT, HIP BUMPS, STEP RIGHT FORWARD, ½ TURN RIGHT, ½ TURN RIGHT**

- 1 – 2 Step left forward, pivot ½ right, keeping weight on left. [6:00]  
3&4& Bump hips to right, bump hips to left, bump hips to right, bump hips to left.  
STYLING: Hold up right hand with index finger pointed up, wave hand right to left).  
5 – 6 Step right forward, pivot ½ right, stepping back on left.  
7 – 8 Pivot ½ right, stepping forward on right, step left next to right. [6:00]

Start again!

## **BONUS STEPS:**

*After dancing 2 complete walls, repeat steps 33 – 48.*

## **AFTER WALL 6:**

*Dancers scramble around for 12 counts during siren, ending up facing back wall, hold 4 counts to get ready to start again.*

*(\*NOTE: If you do not want to scramble, repeat steps 33-48.)*

## **AFTER WALL 8:**

*Repeat steps 33 – 48 to end dance.*