

# City Limits



Choreographed by: Yvonne [Copper Rose] Anderson (Scotland) Jan 02  
Music: **Nutbush City Limits** by **Tina Turner** (132 bpm)  
**Fast As You** by **Copper Rose** (CD: Free – 128 bpm)  
Type: 2 wall, 64 counts  
Level: Intermediate

## KICK, STEP, TWIST, RECOVER, HEEL & TOUCH & HEEL & POINT

1 – 2 Kick right forward, step right back (toes angled towards 3 o'clock).  
3 – 4 Bend knees and twist body ¼ right, straighten knees with weight on left.  
[12:00]

*Count 3: Drop right shoulder as you twist and look down over shoulder at floor, left heel lifts.*

*Count 4: As you recover Left heel drops to floor taking weight.*

*Counts 3 – 4 should feel like a sit-stand motion.*

5 & 6 Touch right heel forward, step right in place, touch left toes beside right.  
&7 Step left in place, touch right heel forward.  
&8 Step right in place, point left toes to left .

## ¼ LEFT TURN, 2 X LEFT HEEL DROPS, 4 X ¼ PADDLE LEFT

1 – 2 Bend knees and begin ¼ turn left, complete ¼ turn straighten knees left heel raised. [9:00]  
3 & 4 Drop left heel to floor, raise left heel, drop left heel to floor taking weight.

*Count 3 & 4: Snap fingers in downward motion from waist as heel drops to floor.*

&5 Hitch right knee and make ¼ turn left, touch right toes to side. [6:00]  
&6 – 8 Repeat &5 three times to complete a full paddle turn weight remains on left.  
[9:00]

## TOE TOUCHES X 4, CROSS SHUFFLE, ½ TURN RIGHT

1 – 2 Touch right toes forward to left diagonal, touch right toes to right side.  
3 – 4 Touch right toes forward to left diagonal, touch right toes to right side.  
5 & 6 Cross right over left, step left to left, cross right over left.  
7 – 8 Make ¼ turn right stepping back left, make ¼ turn right stepping right to side.  
[3:00]

## CROSS SHUFFLE, POINT, ¼ TURN LEFT AND FLICK, FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE

1 & 2 Cross left over right, step right to right, step left over right.  
3 – 4 Point right to right, make ¼ turn left flicking right heel up and click right fingers.  
[12:00]  
5 & 6 Shuffle forward on right, left, right.  
7 & 8 Shuffle forward on left, right, left.

**Continues...**

# City Limits



...Continued

## **KICK & POINT, KICK & POINT, CROSS UNWIND, HIP ROLL**

- 1 & 2 Kick right forward, step right beside left, point left to left.  
3 & 4 Kick left forward, step left beside right, point right to right.  
5 – 6 Cross right over left, unwind ½ turn left. [6:00]  
7 – 8 With weight on left slowly circle hips from right to left (roll what you've got).

*Counts 7 – 8: Place left hand on right hip and raise right hand to right side of head, slowly drop right hand in an arc across face and body, hand returns to side.*

## **DIAGONAL HEEL DROPS X 4 (TRAVELLING SLIGHTLY FORWARD)**

- 1 Step right toes slightly forward to right diagonal.  
2 Drop right heel to floor clicking right fingers forward at shoulder height.  
&3 Step left toes slightly forward to left diagonal, drop left heel to floor.  
&4 raise left heel, drop heel to floor.

*Counts &3, &4: With both hands, palms down, above left hip, push down as heel drops to floor, recover hands to start position as heel raises.*

- 5 – 8 Repeat 1 – 4.

## **DIAGONAL SHUFFLES LEFT AND RIGHT, SKATER STEPS X 4**

- 1 & 2 Shuffle forward to right diagonal on right, left, right.  
3 & 4 Shuffle forward on left diagonal on left, right, left.  
5 – 8 Skate forward on right, left, right, left .

*Counts 5 – 8: As you skate forward on right reach hands up palms together and lift hips, over the next 2 counts gradually drop hands, sink hips lower and bend knees on the last count straighten knees – think of this as up, down, down up – hands trace a zig zag pattern right, left, right.*

## **THREE STEP FULL TURN RIGHT, TOUCH, THREE STEP FULL TURN LEFT, TOUCH**

- 1 – 4 Step right ¼ turn right, on ball of right turn ¼ right stepping left to side, on ball of left turn ½ right stepping right to side, touch left beside right and clap.  
5 – 8 Repeat 1 – 4 to left beginning step left ¼ left.

*These counts can be replaced with grapevines right and left.*

Start again!