

Hideaway Cha



Choreographed by: Joanne Brady, Jamie Davis & Jo Thompson (USA)
Music: **Dance With Me** by **Debelah Morgan**
Some Things Never Change by Tim McGraw
You Ain't Hurt Nothin Yet by John Anderson
It Must Be Love by Alan Jackson
Something To Write Home About by Craig Morgan
Type: 4 wall, 32 counts
Level: Intermediate

NOTES This dance works best if you start after eight counts on the word 'dance'. If not, you can wait 40 counts and then start. The song is not perfectly phrased, but the syncopated sailors will go with words 'and dance the night away' almost every time. This song is based on the classic melody 'Hernando's Hideaway', thus the name of the dance.

[1 – 9] WALK FORWARD LEFT RIGHT LEFT, SHUFFLE STEP, ROCK, BACK LOCK TRIPLE

1 – 3 Step forward with left, step forward with right, step forward with left.
Notes For added styling you can step slightly across with steps 1 – 3.

4 & 5 Step forward with right, step together with left foot, step forward with right.
6 – 7 Rock forward with left, replace weight back to right foot.
8 & 1 Step back with left, lock step right across front of left, step back with left.

[10 – 15] ¼ TURN RIGHT, SIDE ROCK RIGHT, LEFT, ROCK AND DRAG, BALL CHANGE

2 – 3 Turn ¼ right on left foot, rock right foot to right side with body sway, rock left foot to left side with body sway (feet are now apart). [3:00]
4& Shift weight to right foot with small body sway, shift weight to left foot with small body sway.
5 – 6 Pushing off left foot, take a big step to right side with right foot, drag left foot in to right foot.
&7 Rock back with ball of left foot, replace weight forward to right foot and slightly across front of left.

[16 – 23] SIDE CHA, CROSS ROCK, SIDE CHA, CROSS ROCK

8 & 1 Step left foot to left side, step together with right, step left foot to left side.
2 – 3 Rock right foot across in front of left, replace weight back to left foot.
4 & 5 Step right foot to right side, step together with left foot, step right foot to right side.
6 – 7 Rock left foot across in front of right, replace weight back to right foot.

[24 – 32] SIDE CHA, HOLD, 2 SYNCOPATED SAILORS, ROCK, RECOVER, ½ TURN RIGHT.

8 & 1 Step left foot to left side, step together with right, step left foot to left side.
2 Hold.
& 3 & Step right foot crossed behind left, step left foot to left side, step right foot centered under body.
4 & 5 Step left foot crossed behind right, step right foot to right side, step left foot centered under body.
6 – 7 Rock forward with right foot, replace weight back to left foot turning ½ right. [9:00]
8 Step forward with right.

Start Again!