

Liquid Lunch



Choreographed by: Alison Biggs and Peter Metelnick (UK) May 2013
Music: **Liquid Lunch** by **Caro Emerald** (CD: The Shocking Miss Emerald, 112 BPM)
Type: 2 wall, 64 counts
Level: Intermediate

NOTES 32 count intro, RESTART on the 2nd and 4th wall

[1 – 8] FORWARD RIGHT LEFT, APART & BOUNCE, HEEL JACK, CROSS, SIDE

1 – 2 Step right forward, step left forward.
&3&4 Step right apart, step left apart, raise heels, drop heels down (weight onto left).
5&6& Cross right over left, step left back, touch right heel forward, step right back.
7 – 8 Cross left over right, step right to right side.

[9 – 16] ¼ LEFT TURNING COASTER-STEP, CHARLESTON, COASTER-STEP, BALL STEP X 2

1 & 2 Sweeping left to back turn ¼ left and step left back, step right beside left, step left forward. [9:00]
3 – 4 Touch right forward, step right back.
5 & 6 Step left back, step right beside left, step left forward.
&7&8 Step right behind left, step left forward, step right behind left, step left forward.

[17 – 24] STEP & PIVOT ½ LEFT, STEP & PIVOT ¼ LEFT, CROSS ROCK, TOE SWITCHES, STEP

1 – 2 Step right forward, pivot ½ turn left.
3 – 4 Step right forward, pivot ¼ turn left. [12:00]
5& Cross rock right over left, recover onto left.
6&7& Touch right to side, step right beside left, touch left to side, step left beside right.
8 Step right forward.

[25 – 32] FORWARD ROCK, BACK & TOUCH & STEP, STEP & PIVOT ½ RIGHT, FORWARD SHUFFLE

1 – 2 Rock forward on left, recover onto right.
&3 – 4 Step left back, touch right beside left, step right forward.
5 – 6 Step left forward, pivot ½ turn right. [6:00]
7 & 8 Step left forward, close right beside left, step left forward.

[33 – 40] SIDE ROCK & SIDE ROCK, ½ LEFT TURNING COASTER-STEP, STEP & PIVOT ½ LEFT

1 – 2& Rock right to right side, recover onto left, step right beside left.
3 – 4 Rock left to left side, recover onto right.
5 & 6 Turning ½ left sweep left to back and step left back, step right beside left, step left forward.
7 – 8 Step right forward, pivot ½ turn left. [6:00]

RESTART Here on the 2nd and 4th wall facing front wall

Continues...

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Continued...

[41 – 48] STEP & HOLD, STEP & TOUCH FORWARD, TOUCH BACK, TURN LEFT: 1/2, 1/2 & 1/4

- 1 – 2& Step right forward, hold, step left beside right.
- 3 – 4 Step right forward, touch left forward.
- 5 – 6 Touch left back, turn 1/2 left taking weight onto left. [12:00]
- 7 – 8 Turning 1/2 left step right back, turning 1/4 left step left to left side. [3:00]

Option Counts 6 – 8: Turn 1/4 left taking weight onto left, cross right over left, step left to side. [3:00]

[49 – 56] CROSS SAMBA X 2, CROSS, 1/4 TURN RIGHT, BALL-CROSS-BALL-CROSS

- 1 & 2 Cross right over left, rock left to side, recover onto right.
- 3 & 4 Cross left over right, rock right to side, recover onto left.
- 5 – 6 Cross right over left, turning 1/4 right step left back. [6:00]
- &7&8 Step right back, cross left over right, step right to right side, cross left over right.

[57 – 64] STEP & KICK & BACK, BEHIND-SIDE-STEP, KICK, COASTER-STEP

- 1 – 2 – 3 Step right forward to right diagonal, kick left forward, step left back. [7:30]
- 4 & 5 Step right behind left, step left to side squaring up to wall, step right forward to left diagonal. [4:30]
- 6 Kick left forward. [4:30]
- 7 & 8 Step left back, step right beside left squaring up to wall, step left forward. [6:00]

Start Again!