

Lookout (aka På Le)



Choreographed by: Cato Larsen (NOR, October 2011)
Music: **Møkkamann** by **Plumbo** (CD: Plumbo - Råkk'n Roll Harry - 2010)
Type: 2 wall, 64 counts
Level: Easy Intermediate

NOTES Intro: Start the dance at vocals after 32 counts (18 seconds), TAG during 5th wall
Motion: Smooth Funk (West Coast Swing)

[1 – 8] ON RIGHT DIAGONAL: WALK FORWARD, ROCK STEP, WALK BACK, ½ PIVOT, STEP

1 – 2 Step right forward, step left forward.
3 – 4 Rock right forward, recover onto left.
5 – 6 Step back on right, step back on left.
7 & 8 Step back on right, pivot ½ turn left stepping left forward, step right forward. [7:30]

[9 – 16] ON RIGHT DIAGONAL: WALK FORWARD, ROCK STEP, SHUFFLE BACK, COASTER-STEP

1 – 2 Step left forward, step right forward.
3 – 4 Rock left forward, recover onto right.
5 & 6 Step back on left, step right next to left, step back on left.
7 & 8 Step back on right, step left next to right, straighten up to 6 o'clock and step left forward. [6:00]

[17 – 24] CHARLESTON STEP, SWEEP ¼ TURN, CROSS SHUFFLE

1 – 4 Step left forward, kick right forward, step back on right, touch left toe back.
5 – 6 Step left forward, pivot ¼ turn left sweeping right forward. [3:00]
7 & 8 Cross right over left, step left to left side, cross right over left.

[25 – 32] ON LEFT DIAGONAL: CHARLESTON STEP, SWEEP ⅛ TURN, CROSS SHUFFLE

1 – 4 Step left forward, kick right forward, step back on right, touch left toe back.
5 – 6 Step left forward, pivot ⅛ turn left sweeping right forward. [12:00]
7 & 8 Cross right over left, step left to left side, cross right over left.

TAG *Here during 5th wall when facing 12 o'clock, then continue the dance from count 33*

[33 – 40] SIDE, TOUCH, KICK-BALL-CROSS, SIDE, TOUCH, KICK-BALL-CROSS

1 – 2 Step left to left side, touch right next to left.
3 & 4 Kick right diagonally forward right, step right next to left, cross left over right.
5 – 6 Step right to right side, touch left next to right.
7 & 8 Kick left diagonally forward left, step left next to right, cross right over left.

[41 – 48] SIDE, ¼ TURN & TOUCH, SIDE SHUFFLE, JAZZ BOX

1 – 2 Step left to left side, pivot ¼ turn right touching right toe next to left. [3:00]
3 – 4 Step right to right side, step left next to right, step right to right side.
5 – 8 Cross left over right, step back on right, step left to left side, step right slightly forward.

Continues...

Lookout (aka På Le)



... Continued

[49 – 56] ROCK STEP, AND ROCK STEP, AND ROCK STEP, COASTER STEP

- 1 – 2& Rock left forward, recover onto right, step left next to right.
- 3 – 4& Rock right forward, recover onto left, step right next to left.
- 5 – 6 Rock left forward, recover onto right.
- 7 & 8 Step back on left, step right next to left, step left forward.

[57 – 64] ROCK STEP, RONDE JAMBE ¼ TURN, DIAGONAL ROCK STEP, COASTER STEP

- 1 – 2 Rock right forward, recover onto left.
- 3 – 4 Make a circle clock-wise with right in the air or on the floor when turning ¼ right, step right diagonally forward right. [7:30]
- 5 – 6 Rock left forward, recover onto right.
- 7 & 8 Step back on left, step right next to left, step left forward.

Start again!

[TAG] *During 5th wall when facing 12 o'clock*

[1 – 8] SIDE ROCK & CROSS, HOLD, SIDE ROCK & CROSS, HOLD

- 1 – 4 Rock left to left side, recover onto right, cross left over right, hold.
- 5 – 8 Rock right to right side, recover onto left, cross right over left, hold.