

# Louisiana Hot Sauce



Choreographed by: Joanne Brady, Gordon Elliott, Max Perry & Jo Thompson  
Music: **He's My Little Jalapeno** by **Scooter Lee**  
Type: 2 wall, 32 counts  
Level: Intermediate

## **[1 – 8] HEEL STRUTS, HEEL DROPS, CROSS, UNWIND ½ TURN RIGHT, HEEL TWISTS, CLAP**

1& Touch left heel forward, drop left toe lifting left heel & bending left knee.  
2& Drop left heel to the floor twice shifting weight to left foot.  
3& Touch right heel forward, drop right to lifting right heel & bending right knee.  
4& Drop right heel to the floor twice shifting weight to right foot.  
5 Cross left over right placing ball of left on front of right foot.  
6 Unwind by turning right ½ and shifting weight to left foot with feet part. [6:00]  
7 & 8 With weight on balls of both feet twist heels right, left, right.  
& Clap hands.

## **[9 – 16] CAJUN JOGS FORWARD & CLAP, BACK SKIPS & FORWARD STOMP, HOLD**

1 & 2 With weight mainly on balls of feet step forward left, right, left.  
& Lift right knee & hop on left foot clapping hands.  
3 & 4 With weight mainly on balls of feet step forward right, left, right.  
& Lift left knee and hop on right foot clapping hands.  
5& Step back left crossing slightly behind right, hop on left foot lifting right knee.  
6& Step right back crossing slightly behind left, rock back on ball of left foot.  
7 – 8 Stomp right to right forward diagonal bending right knee with weight over right foot, hold.  
*Optional: Arms out to sides, palms down on count 7.*

## **[17 – 24] CROSS ROCKS & PADDLE TURN-LEFT**

1 & 2 Rock left over right bending both knees, recover onto right straightening both legs, step small step left on left.  
3 & 4 Rock right over left bending both knees, recover onto left straightening both legs, step small step right on right.  
5& Rock left over right bending both knees, recover onto right straightening both legs.  
6& Make ¼ turn left stepping left forward starting a left paddle turn, continue left paddle turn stepping on ball of right slightly behind left.  
7& Replace weight to left continuing left turn, continue left paddle turn stepping on ball of right slightly behind left.  
8 Replace weight to left foot completing paddle turn. [6:00]

## **[25 – 32] CROSS ROCKS & PADDLE TURN-LEFT**

1 & 2 Rock right over left bending both knees, recover onto left straightening both legs, step small step right on right.  
3 & 4 Rock left over right bending both knees, recover onto right straightening both legs, step small step left on left.  
5& Rock right over left bending both knees, recover onto left straightening both legs.  
6& Make ¼ turn right stepping right forward starting a right paddle turn, continue right paddle turn stepping on ball of left slightly behind right.  
7& Replace weight to right continuing right turn, continue right paddle turn stepping on ball of left slightly behind right.  
8 Replace weight to right foot completing paddle turn. [6:00]

Start again!