

Middle Of The Road



Choreographed by: Fred Whitehouse (Aug 2013)
Music: **Keep It In The Middle Of The Road** by Exile
Type: 4 wall, 32 counts
Level: Improver

NOTES 16 count intro. TAG in the end of 1st and 5th walls.

[1 – 8] KICK FORWARD & STEP BACK, COASTER-STEP, REPEAT

1&2& Kick right forward, touch right beside left, kick right back diagonal, step right back.
3 & 4 Step left back, step right beside left, step left forward (or rock-recover-step forward).
5 – 8 Repeat steps 1 – 4.

Easier option:

1 – 2 Kick right forward, step right back.

[9 – 16] LOCK-STEP & BRUSH X2, STEP ½ PIVOT, ½ TURN LOCK-STEP

1&2& Step right forward, lock left behind right, step right forward, scuff left forward.
3&4& Step left forward, lock right behind left, step left forward, scuff right forward.
5 – 6 Step right forward, pivot ½ turn left. [6:00]
7 & 8 Make ¼ turn left stepping right to right side, cross left over right, make ¼ turn left stepping right back. [12:00]

Easier option:

5 – 6 Rock right forward, recover onto left.
7 & 8 Step right back, cross left over right, step right back.

[17 – 24] WALK X2, COASTER-STEP, TOE-HEEL-STEP X2

1 – 2 Walk back left, right (clicking fingers as you step).
3 & 4 Step left back, step right beside left, step left forward.
5&6& Touch right toe beside left, point right heel to right diagonal, step left forward, clap.
7&8& Touch left toe beside right, point left heel to left diagonal, step right forward, clap.

[25 – 32] TOUCH & TOUCH KICK, WEAVE, TOUCH & TOUCH KICK, WEAVE ¼ RIGHT

1&2& Touch right to right side, touch right beside left, touch right to right side, kick right to right diagonal.
3 & 4 Step right behind left, step left to left side, cross right over left.
5&6& Touch left to left side, touch left beside right, touch left to left side, kick left to left diagonal.
7 & 8 Step left behind right, make ¼ turn right stepping right forward, step left forward. [3:00]

Start again!

TAG At the end of wall 1 and 5

ROCK-STEP & FULL TURN X2, ROCK-STEP, STOMP, STOMP, HOLD

1 – 2 Rock right forward, recover onto left.
3 & 4 Make full turn right stepping right, left, right (or coaster-step).
5 – 6 Rock left forward, recover onto right.
7 & 8 Make full turn left stepping left, right, left (or coaster-step).
1 – 2 Rock right forward, recover onto left.
3 & 4 Stomp right, stomp left, hold.