

# My Veronica



Choreographed by: Peter & Alison (Mar 08)  
Music: **Veronica** by **Barbados** (CD: Rosalita)  
Type: 4 wall, 64 counts  
Level: Beginner/Intermediate

NOTES: Start 16 counts after heavy beat starts...on verse vocals as he sings the word 'raised' in the phrase 'well I raised the highest mountain'  
ENDING included.

## LEFT FORWARD BOX

1 – 4 Step left side left, step right together, step left forward, hold.  
5 – 8 Step right side right, step left together, step right back, hold.

## ¼ LEFT & LEFT FORWARD BOX

1 – 4 Turning ¼ left step left side left, step right together, step left forward, hold.  
[9:00]  
5 – 8 Step right side right, step left together, step right back, hold.

## LEFT TRIPLE TURNING ¼ LEFT, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, HOLD

1 – 4 Step left side left, step right together, turning ¼ left step left forward, hold.  
[6:00]  
5 – 8 Step right forward, pivot ½ left, step right forward, hold. [12:00]

## RIGHT FULL TURN FORWARD TRIPLE STEP, HOLD, RIGHT FORWARD TRIPLE STEP, HOLD

1 – 4 Turning ½ right step left back, turning ½ right step right forward, step left forward, hold. [12:00]  
5 – 8 Step right forward, turning ½ right step left back, turning ½ right step right forward. [12:00]

*Option: 1 – 8 Step left forward, step right together, step left forward, hold. x 2*

## ¼ RIGHT & LEFT SIDE ROCK & RECOVER, LEFT CROSS STEP, HOLD (OR LEFT TOE STRUT), VINE RIGHT 4

1 – 4 Turning ¼ right rock left side, recover weight on right, cross step left over right, hold.

*Option: 3 – 4 or execute a cross toe strut on counts 3-4.*

5 – 8 Step right side right, cross step left behind right, step right side right, cross step left over right. [3:00]

## RIGHT SIDE, LEFT BACK ROCK & RECOVER, LEFT SIDE, RIGHT BACK ROCK & RECOVER, RIGHT FWD, HOLD

1 – 4 Step right side right, rock left back, recover weight on right, step left side left.  
5 – 8 Rock right back, recover weight on left, step right forward, hold.

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...Continued

**LEFT FORWARD, 1/2 RIGHT PIVOT TURN, LEFT FORWARD, HOLD, RIGHT SIDE ROCK & RECOVER, RIGHT TOGETHER, LEFT HEEL FORWARD**

1 – 4 Step left forward, pivot 1/2 right, step left forward, hold. [9:00]  
5 – 8 Rock right side, recover weight on left, step right together, touch left heel forward.

**LEFT SIDE ROCK & RECOVER, LEFT TOGETHER, 1/2 RIGHT MONTEREY ENDING WITH LEFT TOUCH TOGETHER.**

1 – 4 Rock left side, recover weight on right, step left together, hold.  
5 – 8 Touch right toes to right side, turning 1/2 right step right together, touch left toes to left side, touch left together. [3:00]

Start again!

## **ENDING:**

*Dance finishes facing front wall.*

*The last pattern will start facing front wall.*

*Dance as far as counts 25-28: the full left turning triple & hold (or easier option left forward triple & hold).*

*Either way weight ends on left foot.*

*Add 2 quick hip bumps right & left to hit the final notes of the music & hold .*