

Proud Mary Burnin'



Choreographed by: Sobrielo Philip Gene (SG) July 2011
Music: **Proud Mary** by **Glee Cast** (CD: Glee Season 2)
Type: 1 wall, 124 counts
Level: Intermediate/Advanced

NOTES 16 count intro, sequence: wall 1 (80 counts), TAG, walls 2, 3 and 4, ending

[1 – 8] SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

1 & 2 Step right to right, step left beside right, step right to right.
3 – 4 Rock left behind right, recover weight to right.
5 & 6 Kick left forward, step left beside right, cross right over left.
7 & 8 Kick left forward, step left beside right, cross right over left.

[9 – 16] SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

1 & 2 Step left to left, step right beside left, step left to left.
3 – 4 Rock right back, recover weight onto left.
5 & 6 Kick right forward, step right beside left, cross left over right.
7 & 8 Kick right forward, step right beside left, cross left over right.

[17 – 24] MONTEREY ½ TURN, POINT STEP, MONTEREY ½ TURN, POINT STEP

1 – 2 Point right to right, making ½ turn right step right beside left. [6:00]
3 – 4 Point left to left, step left beside right.
5 – 6 Point right to right, making ½ turn right step right beside left. [12:00]
7 – 8 Point left to left, step left beside right.

[25 – 32] ROCK RECOVER WALKS, ROCK RECOVER WALKS

1 – 2 Rock forward right, recover weight onto left.
3 – 4 Making ½ turn right step right forward, step left forward. [6:00]
5 – 6 Rock forward right, recover weight onto left.
7 – 8 Making ½ turn right step right forward, step left forward. [12:00]

"Big Wheels keep on turning"

[33 – 40] VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH

1 – 4 Step right to right, step left behind of right, step right to right, touch left beside right.
5 – 8 Making ¼ left step left forward, making ½ turn left step right back, making ½ left step left forward, touch right beside left. [9:00]

[41 – 48] VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH

1 – 4 Step right to right, step left behind of right, step right to right, touch left beside right.
5 – 8 Making ¼ left step left forward, making ½ turn left step right back, making ½ left step left forward, touch right beside left. [6:00]

Continues...

Proud Mary Burnin'



Continued...

**[49 – 56] "Rolling, rolling, rolling on the river"
ARM ROLLS (2 x)**

- 1 – 2 Roll arms above head.
3 – 4 Roll arms at hip level, leaning slightly forward.
5 – 6 Roll arms above head.
7 – 8 Roll arms at hip level, leaning slightly forward.

[57 – 64] ARM ROLL, PIVOT ¼ TURN LEFT, PIVOT ¼ TURN LEFT

- 1 – 2 Roll arms above head.
3 – 4 Roll arms at hip level, leaning slightly forward.
5 – 6 Step right forward, pivot ¼ turn left.
7 – 8 Step right forward, pivot ¼ turn left. [12:00]

[65 – 80] Repeat counts 49-64 (arms rolls & pivots) to end up facing the back wall. [6:00]

**[81 – 92] Instrumental
SMALL WALKS FORWARD KICK, WALK BACK TOUCH**

- 1 – 7 Walk forward R, L, R, L, R, L, R.
8 Kick left forward.

Hands option: Slowly bring hands up into a Y shape on respective sides (palms facing front), hands come down on 8

- 1 – 4 Walk back L, R, L, touch right beside left.
Note: Note the 4 counts, not 8.

[93 – 100] SMALL JUMPS FORWARD, BACK, ¼ TURN SMALL JUMPS FORWARD, BACK

- &1 – 2 Step right slightly forward to right, step left slightly forward to left, hold.
&3 – 4 Step right slightly back, step left beside right, hold.
&5 – 6 Making ¼ left step right slightly forward to right, step left slightly forward to left, hold. [3:00]
&7 – 8 Step right slightly back, step left beside right, hold.

[101 – 108] ¼ TURN SMALL JUMPS FORWARD, BACK, TWISTS

- &1 – 2 Making ¼ left step right slightly forward to right, step left slightly forward to left, Hold. [12:00]
&3 – 4 Step right slightly back, step left beside right, Hold.
5 – 8 Twist heels to right, twist heels to left, twist heels to right, twist heels back to centre.

[109 – 116] DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

- 1 – 3 Walk forward diagonally right stepping R,L,R. [1:30]
4 Kick left forward.
5 – 7 Walk back diagonally left stepping L, R, L, square up to 12.00 on count 7. [12:00]
8 Touch right beside left.

Continues...

Proud Mary Burnin'



Continued...

[117 – 124] DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

1 – 3 Walk forward diagonally left stepping R, L, R. [10:30]
4 Kick left forward.
5 – 7 Walk back diagonally right stepping L, R, L, square up to 12.00 on count 7. [12:00]
8 Touch right beside left.

WALL 1: Music is slow - do the dance until count 80 (Arm Rolls). This will bring you to the back wall. [6:00]

TAG: Cross right over left, unwind ½ turn left. [12:00]
Bounce right heel for 8 counts, bounce left heel for 8 counts.
Bounce right heel for 8 counts, bounce left heel for 8 counts.
Start dance again.

ENDING: After wall 4 of dance, do counts 49-80 (Arm Rolls -32 counts).
followed by counts 93-108 (Jumps – 16 counts).
Then cross right over left slowly unwind ½ turn left to face the front wall....