

Rolling In The Deep



Choreographed by: Maggie Gallagher (Jan 2011)
Music: **Rolling In The Deep** by Adele
Type: 2 wall, 64 counts
Level: Intermediate

NOTES 8 count intro (6 secs)

[1 – 8] TOUCH & HEEL & CROSS & HEEL & KICK & TOUCH, BUMP FORWARD, BUMP BACK

1 & 2 Touch left next to right, step back on left, tap right heel forward on right diagonal.
&3&4 Step right next to left, cross left over right, step back on right, tap left heel forward on left diagonal. [11:00]
&5&6 Step left next to right, kick right forward, step right next to left, touch left in front of right.
7 – 8 Bump forward on to left knee, bump back on to right.

[9 – 16] COASTER STEP, STEP HITCH TURN, WALK L, WALK R, LOCK STEP

1 & 2 Step back on left, Step right next to left, step forward on left. [11:00]
3 & 4 Step forward on right, ronde hitch left knee across right, on ball of right spin 5/8 turn right. [6:00]
5 – 6 Walk left, right.
7 & 8 Step forward on left, lock right behind left, step forward on left.

[17 – 24] STEP PIVOT ½ , WALK, TRIPLE FULL TURN, STOMP R, FORWARD MAMBO STEP

1 – 2 – 3 Step forward on right, ½ pivot left, walk forward on right. [12:00]
4 & 5 Triple full turn right stepping left right left travelling forwards (alternative left shuffle).
6 Stomp forward on right.
7 & 8 Step forward on left, step right in place, step slightly back on left.

[25 – 32] POINT & POINT, L SAILOR ¼ TURN, SAMBA STEP X 2

1 & 2 Point right to right side, step right next to left, point left to left side.
3 & 4 ¼ turn left crossing left behind right, step right to right side, step left to left side. [9:00]
5 & 6 Cross right over left, rock left to left side, recover on right.
7 & 8 Cross left over right, rock right to right side, recover on left.

[33 – 40] ROCK RECOVER, TRIPLE FULL TURN, ROCK RECOVER, FULL TURN LEFT

1 – 2 Rock forward on right, recover on left.
3 & 4 Full triple turn right stepping right left right (alternative right coaster step). [9:00]
5 – 6 Rock forward on left, recover on right.
7 – 8 ½ turn left stepping forward on left, ½ turn left stepping back on right. [9:00]

[41 – 48] COASTER STEP, WALK R, L, STEP ½ TURN STEP, & WALK R, L

1 & 2 Step back on left, step right next to left, step forward on left.
3 – 4 Walk right, left.
5 & 6 Step forward on right, ½ turn left stepping on left, step forward on right. [3:00]
&7 – 8 Step left next to right, walk right, walk left

Continues...

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Continued...

[49 – 56] POINT HITCH CROSS, POINT HITCH CROSS, ROCK RECOVER, BEHIND SIDE CROSS

- 1 & 2 Point right to right side, hitch right knee over left, cross right over left.
- 3 & 4 Point left to left side, hitch left knee over right, cross left over right.
- 5 – 6 Rock right to right side, recover on left.
- 7 & 8 Cross right behind left, step left to left side, cross right over left.

[57 – 64] ROCK RECOVER, SAILOR ¼ TURN, ROCKING CHAIR & CROSS & HEEL &

- 1 – 2 Rock left to left side, recover on right.
- 3 & 4 Cross left behind right, ¼ turn right stepping forward on right, step forward on left. [6:00]
- 5&6& Rock forward on right, recover on left, rock back on right, recover on left.
- 7&8& Cross right over left, step back on left, tap right heel forward, step right next to left.

Start Again!