

Spread My Wings



Choreographed by: Jef Camps (October 2016 - Belgium)
Music: **I Believe I Can Fly** by **The Baseballs**
Type: 4 wall, 32 counts
Level: Improver

NOTES 8 count intro (slowly counted), RESTART on wall 2, 5 and 8 after 16 counts

[1 – 8] RUMBA-BOX, ½ LEFT PIVOT-STEP, TOE STRUT, ½ LEFT PIVOT-STEP, ¼ LEFT TOE STRUT

1 & 2 Step right to right side, step left next to right, step back on right.
3 & 4 Step left to left side, step right next to left, step left forward.
5&6& Step right forward, pivot ½ turn left (weight on left), touch right toe forward, drop right heel. [6:00]
7&8& Step left forward, pivot ½ turn right (weight on right), make ¼ turn right touching left toe to left side, drop left heel. [3:00]

[9 – 16] TOE STRUT BEHIND, TOE STRUT SIDE, JAZZ-BOX, SIDE, ROCK BACK, ¼ TURN BACK, ¼ TURN SIDE, CROSS

1&2& Cross right toes behind left, drop right heel, touch left toes to left side, drop left heel.
3&4& Cross right over left, step back on left, step right to right side, cross left over right.
5 – 6& Step big step on right to right side (drag left towards right), rock back on left, recover onto right.
7 – 8& Make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side, cross left over right. [9:00]

RESTART Here on 2nd, 5th and 8th wall

[17 – 24] POINT, TOUCH, HEEL & HEEL-BALL-STEP, 3 RUNS FWD, BRUSH, MAMBO ½ TURN

1&2& Point right to right side, touch right next to left, dig right heel forward, step right next to left.
3 & 4 Dig left heel forward, step left next to right, step right forward.
5&6& Run forward left-right-left, brush right forward.
7 & 8 Rock right forward, recover onto right, make ½ turn right stepping right forward. [3:00]

Easier Mambo-step forward without the turn, but then you have to make mambo-step back instead of ½ turn pivot-step and step in the beginning of next section (steps 25&26).

[25 – 32] ½ RIGHT PIVOT-STEP, STEP, CHARLESTON, ROCKING CHAIR, SCISSOR STEP

1 & 2 Step left forward, pivot ½ turn right (weight on right), step left forward. [9:00]
3 – 4 Touch right forward, step back on right (styling: you can twist in the charleston, if you want).
5&6& Rock back on left, recover onto right, rock left forward, recover onto right.
7 & 8 Step left to left side, step right next to left, cross left over right.

Start Again!

ENDING Dance ends to 6:00 after the last section, just make a ½ turn right (unwind).