

# Swing Low Sweet Chariot



Choreographed by: Jo Thompson Szymanski  
Music: **Swing Low Sweet Chariot** by **Scooter Lee** (CD: Go To The Rock)  
Type: 2 wall, 32 counts  
Level: Beginner/Intermediate

NOTES: Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "swing".

## **TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER**

1 & 2 Chassé side right, left, right.  
3 – 4 Rock back with left foot, replace weight forward to right foot.  
5 & 6 Chassé side left, right, left.  
7 – 8 Rock back with right foot, replace weight forward to left foot.

## **DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE**

1 Step right diagonally forward. (Step can be a slightly larger step)  
2 Touch ball of left foot beside right, keep weight on right foot.  
3 & 4 Kick left forward, rock back with ball of left, recover weight forward to right foot.  
5 Step left diagonally forward. (Step can be a slightly larger step)  
6 Touch ball of right foot beside left, keep weight on left foot.  
7 & 8 Kick right forward, rock back with ball of right, recover weight forward to left foot.

*During the above 8 counts, keep your body facing forward.*

## **FORWARD ROCK, BACK ROCK, TWO ¼ TURNS LEFT**

1 – 2 Rock right forward, recover to left.  
3 – 4 Rock right back, recover to left.  
5 – 6 Step right forward, turn ¼ left, shift weight to left foot.  
7 – 8 Step right forward, turn ¼ left, shift weight to left foot.

## **WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP**

1 – 3 Step right forward, step left forward, step right forward.  
4 Kick left forward, clap hands and say whooo!.  
5 – 6 Step left back, step right back foot.  
7 & 8 Step left back, step right together, with left foot, step forward and slightly across in front of right.

Start again!