

Take These Chains



Choreographed by: Michael Barr (June 2014)
Music: **Take These Chains From My Heart** by **Scooter Lee**
(CD: I'm Gonna Love You Forever)
Type: 4 wall, 32 counts
Level: Beginner

NOTES 32 count intro

[1 – 8] VINE RIGHT with 3 KICKS

1 – 4 Step right to right side, step left behind right, step right to right side, kick left across right.
5 – 6 Step left to left side, kick right across left.
7 – 8 Step right to right side, kick left across right.

[9 – 16] VINE LEFT with 3 KICKS

1 – 4 Step left to left side, step right behind left, step left to left side, kick right across left.
5 – 6 Step right to right side, kick left across right.
7 – 8 Step left to left side, kick right across left.

[17 – 24] LOCK STEP BACK KICK - LOCK STEP BACK KICK

1 – 2 Step right back, lock left across in front of right (hips are now facing the right diagonal).
3 – 4 Step right back (square up to front wall), kick left forward (low soft kick).
5 – 6 Step left back, lock right across in front of left (hips are now facing the left diagonal).
7 – 8 Step left back (square up to front wall), kick right forward (low soft kick).

[25 – 32] STEP TOUCHES with ¼ TURN LEFT

1 – 2 Step right back to back right diagonal, touch left next to right
3 – 4 Step left forward, touch right next to left.
5 – 6 Turn ¼ left stepping right to right side, touch left next to right. [9:00]
7 – 8 Step left to left side, touch right next to left.

Start Again!