

# The Bomp



Choreographed by: Kim Ray (May 2015)  
Music: **Who Put The Bomp?** by **The Overtones**  
(CD: Saturday Night At The Movies, 89 BPM - 2:36 mins)  
Type: 2 wall, 64 counts  
Level: Improver

NOTES Intro: 8 counts once music kicks in

## [1 – 8] TOE STRUTS, ROCKING CHAIR

1 – 4 Step right toe forward, drop heel down, step left toe forward, drop heel down.  
5 – 8 Rock forward on right, recover onto left, rock back on right, recover onto left.

## [9 – 16] TOE STRUTS, ROCKING CHAIR

1 – 4 Step right toe forward, drop heel down, step left toe forward, drop heel down.  
5 – 8 Rock forward on right, recover onto left, rock back on right, recover onto left.

## [17 – 24] STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS, HOLD

1 – 2 Step right forward, hold.  
3 – 4 ½ turn pivot left, hold.  
5 – 8 Step right forward, ¼ pivot left, cross right over left, hold. [3:00]

## [25 – 32] STEP BACK, HOLD, STEP TOGETHER, HOLD, LEFT SHUFFLE FORWARD, HOLD

1 – 2 Large step back on left pushing bum back, hold.  
3 – 4 Step right next to left, hold.  
5 – 8 Step left forward, step right next to left, step left forward, hold.

## [33 – 40] SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER,

1 – 4 Large step to right side, hold, rock back on left, recover onto right.  
5 – 8 Large step to left side, hold, rock back on right, recover onto left.

## [41 – 48] RUMBA BOX WITH HOLDS

1 – 4 Step right to right side, step left next to right, step right forward, hold.  
5 – 8 Step left to left side, step right next to left, step left back, hold.

## [49 – 56] RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD

1 – 4 Step back on right, cross left over right, step back on right, hold.  
5 – 8 Step back on left, step right beside left, step left forward, hold.

## [57 – 64] WALKS FORWARD, HOLD, RUN ¾ TURN LEFT

1 – 4 Step right forward, hold, step left forward, hold.  
5 – 8 Make a ¾ turn left, run round stepping right, left, right, left. [6:00]

**ENDING:** *You will finish dance facing front wall - dance first 16 counts then:-  
Stomp right foot forward and splay arms to sides.*