

The Git Up -challenge



Choreographed by: Blanco Brown (only video, these notes written by Riikka)
Music: **The Git Up** by **Blanco Brown**
Type: 1 wall, Phrased
Level: Who cares? ;)

NOTES Long intro, start dance on the beat
CHORUS – VERSE 1 – CHORUS – VERSE 2 – CHORUS – BRIDGE – CHORUS – INTERLUDE – CHORUS

[Chorus] [1 – 8]

"TWO-STEP", "COWBOY BOOGIE", CROSS, FULL TURN UNWIND

1 & 2 Rock right forward twisting heels in, recover back on left twisting heels out, step back on right.
3 – 6 Step left behind right, step right to right side, stomp-up left next to right, step left to left side.
7 – 8 Cross right over left, unwind full turn to left (weight on left). [12:00]

[9 – 16] **"HOEDOWNS", LOW DOWN, TOES OUT, ON HEELS SPRINKLE FINGERS, STEP BACK**

1&2& Kick right to right side, step right next to left, kick left to left side, step left next to right.
3&4& Kick right to right side, step right next to left, kick left to left side, step left next to right.
5 – 6 Low down turning knees and toes in, change weight on heels and turn toes out.
7 – 8 Stay up on heels and sprinkle fingers, step back on left.

[17 – 24] **BEHIND-SIDE, DRAG & DIP, ¾ LEFT TURN, BACK & SIP**

1 – 4 Step right behind left, step left to left side, drag and step right towards left while lowering down & sweeping the ground with right hand, make ¼ turn stepping forward. [9:00]
5 – 6 Make ¼ turn left stepping back on right, make ¼ turn left stepping back on left. [3:00]
7 – 8 Step back on right and sip, step back on left continuing sip.

[25 – 32] **BACK WITH LEANING & SHIMMY, TOGETHER, WALK, WALK, ¼ RIGHT, TOGETHER**

1 – 2 Step back on right and lean back & shimmy, step back on left and lean back & shimmy.
3 – 4 Step back on right and lean back & shimmy, step left beside right.
5 – 6 Walk forward or right, left.
7 – 8 Make ¼ turn right stepping right to right side, step left together. [12:00]

[Verse 1] [1 – 8]

GRAPEWINE "To the left, to the left now. To the right to the right now..."

& Take the weight on right.
1 – 4 Step left to left side, step right behind left, step left to left side, stomp-up right next to left.
5 – 8 Step right to right side, step left behind right, step right to right side, stomp-up left next to right.

[9 – 16] **"Now take your left hand and put it on your side..."**

1 – 4 Stomp left to left side, lift left hand up, hold, hold (keep the position).
5 – 8 Put left hand on your left hip while bumping hips to right-left-right, step left to left side.

[17 – 24] **"Go on, roll your shoulders. Do the slip and slide..."**

1 – 4 Roll your shoulders leaning down.
5 – 6 Roll your shoulders standing straight.
&7 – 8 Hitch right, step right to right side, slide left together.

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[25 – 32] "This next part's my favorite part, uh. 'Cause it's time to shine..." FREESTYLE!!

Dance what ever you want during steps 1 – 8.

[Verse 2]

[1 – 8] "Slide to the left, slide to the right. Now cool down, have a good time..."

1 – 4 Step left to left side, drag right next to left, step right to right side, drag left next to right.
5 – 8 Step to to left and fan face with right hand, change weight right-left-right and continue fanning.

[9 – 16] "Slide to the left, slide to the right. Do the butterfly (Oh), have a good time..."

1 – 4 Step left to left side, drag right next to left, step right to right side, drag left next to right.
5 – 8 Change weight on both feets and turn toes, knees and hand in-out-in-out.

[17 – 24] "Round, 'round, 'round and 'round you go..."

&1 – 8 Make full paddle turn with right hand as using lasso (&1&2&3&4&5&6&7&8)

[25 – 32] "It's time to show out right now and take to the floor..." FREESTYLE!!

Dance what ever you want during steps 1 – 8 OR the following:

1 – 4 Lowing down standing wide position bump your hips right-left-right-left.
5 – 6 Brush ground with you hand from from to back between your legs, repet from back to front.
7 & 8 Twist your feet in heel-toe-heel ending feet together.

[Bridge]

[1 – 8] "Take it down now, take it, take it down now..."

1 – 4 Step left to left side, step right behind left, step left to left side, step right behind left.
5 – 8 Get and stay low and step left to left side, step right next to left, step left to left side, touch right.

[9 – 16] "Bring it up now, bring it, bring it up now..."

1 – 4 Straightening slowly up step right to right side, step left behind right, step right to right side, step left behind right.
5 – 8 Step right to right side, step left next to right, step right to right side, step left next to right.

[17 – 24] "Take it down and crisscross. Bring it up, now crisscross

1 – 2 Step right forward, step left next to right (shoulder width apart).
3 – 4 Get low and bend you knees in while crossing your hands on front, streighten you knees and hands.
5 – 6 Step right forward, step left next to right (shoulder width apart).
7 – 8 Keep standing up and bend you knees in while crossing your hands on front, streighten you knees and hands.

[25 – 32] "Do whatever you like right here. Just have fun..." FREESTYLE!!

Dance what ever you want during steps 1 – 8.

[Interlude]

[1 – 8] "That was not so bad, that was, that, that was not so bad, was it? FREESTYLE!!

Dance what ever you want during steps 1 – 32.