

# Throwback Love



Choreographed by: Pim van Grootel, José miguel Belloque Vane,  
Raymond Sarlemijn, Jean-Pierre Madge (June 2017)  
Music: **Throwback Love** by **Meghan Trainor**  
Type: 0 wall, 56 counts  
Level: Phrased Intermediate

NOTES Sequence: A – B – B – A (restart) – A – B – B – A – B – B – B  
Starts after: 28 Counts ( +/- 17 Sec. on Track)

## PART A

### [1 – 8] RUMBA-BOX, ½ RIGHT MAMBO-STEP, ½ RIGHT SHUFFLE

1 & 2 Step right to right side, close left next to right, step right forward.  
3 & 4 Step left to left side, close right next to left, step left forward.  
5 & 6 Rock right forward, recover onto left, make ½ turn right stepping right forward. [6:00]  
7 & 8 Make ¼ turn right stepping left to left side, step right next to left, make ¼ turn right stepping back on left. [12:00]

### [9 – 16] ROCK BACK, V-STEP with HEELS & CROSS, SNAP, TOUCH SIDE X2, SAILOR-STEP

1& Rock back on right, recover onto left.  
2&3& Step on right heel to right diagonal, step on left heel to left, step back on right, cross left over right.  
4 Snap your fingers.  
5 & 6 Point right to right side, touch right next to left, point right to right side.  
7 & 8 Cross right behind left, small step on left to left side, step right to right side.

**RESTART** Here when dancing part A for the second time. Take one additional step (&) on the left to left side.

### [17 – 24] BALL CHANGE & SNAP, ¼ LEFT & SNAP X2, STEP & SNAP, JAZZ-BOX, SHORTY GEORGE

&1& Step left next to right, step right to right side, snap the fingers.  
2& Make ¼ turn left stepping left forward, snap your fingers. [9:00]  
3& Make ¼ turn left stepping right to right side, snap your fingers. [6:00]  
4& Step left to left side, snap your fingers.  
5&6& Cross right over left, step back on left, step right to right side, step left forward.  
7&8& Step right forward pushing knees to right, step left forward pushing knees to left, step right forward pushing knees to right, step left forward pushing knees to left.

### [25 – 32] (¼ RIGHT HEEL-STEP, ROCK BACK) X2, (KICK, BEHIND-SIDE-CROSS) X2

1& Step right heel forward, make ¼ turn right recovering weight onto left. [9:00]  
2& Rock back on right, recover onto left.  
3& Step right heel forward, make ¼ turn right recovering weight onto left. [12:00]  
4& Rock back on right, recover onto left.  
5&6& Kick right to right diagonal forward, cross right behind left, step left to left side, cross right over left.  
7&8& Kick left to left side, cross left behind right, step right to right side, cross left over right.

Continues...

# Throwback Love



... Continued

## PART B

### [1 – 8] TOE-HEEL-CROSS X2, JUMP OUT, WEIGHT CHANGE LEFT-RIGHT, BOUNCE X4

- 1 & 2 Touch right next to left, touch right heel to right side, cross right over left.  
& 3 & Touch left next to right, touch left heel to left side, cross left over right.  
4 Jump out to right side on right.  
5 – 6 Recover weight to left while jumping into it, recover weight to right while jumping into it.  
7&8& Jump on the spot on right while keeping the left out turning  $\frac{1}{4}$  left, [9:00]  
Jump on the spot on right while keeping the left out turning  $\frac{1}{4}$  left, [6:00]  
Jump on the spot on right while keeping the left out turning  $\frac{1}{4}$  left, [3:00]  
Jump on the spot on right while keeping the left out turning  $\frac{1}{4}$  left. [12:00]

### [9 – 16] $\frac{1}{2}$ RIGHT MAMBO & HITCH, BACK & HITCH, FULL TURN WITH HITCHES, STEP & HITCH, $\frac{1}{2}$ LEFT PIVOT, STOMP X2

- 1&2& Rock back on left, recover onto right, make  $\frac{1}{2}$  turn right stepping back on left, hitch right. [6:00]  
3& Step back on right, hitch left.  
4& Step left forward, make  $\frac{1}{2}$  turn left hitching right. [12:00]  
5& Step back on left, make  $\frac{1}{2}$  turn left hitching right. [6:00]  
6& Step left forward, hitch right.  
7& Step right forward, pivot  $\frac{1}{2}$  stepping left forward. [12:00]  
8& Stomp right, stomp left.

### [17 – 24] CHARLESTON, $\frac{1}{2}$ RIGHT JAZZ-BOX

- 1 – 4 Step right forward, kick left forward, step back on left, touch right backwards.  
5 – 8 Cross right over left, make  $\frac{1}{4}$  turn right stepping back on left, make  $\frac{1}{4}$  turn right stepping right to right side, step small step forward on left. [6:00]

**ENDING** Last time doing part B, make a normal jazzbox instead of  $\frac{1}{2}$  turning. You will be facing 12 o'clock.