

W.O.M.A.N



Choreographed by: Nicola Lafferty (Sept 2012)
Music: **I'm A Woman** by **Wynonna Judd** (CD: Sing Chapter 1)
Type: 4 wall, 64 counts
Level: Beginner/Improver

NOTES 32 count intro

[1 – 8] SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, ¼ TURN, HOLD

1 – 2 Step right to right side, touch left beside right.
3 – 4 Step left to left side, touch right beside left.
5 – 8 Step right to right side, step left next to right, make ¼ turn right stepping right forward, hold. [3:00]

[9 – 16] SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, SIDE, HOLD

1 – 2 Step left to left side, touch right beside left.
3 – 4 Step right to right side, touch left beside right.
5 – 8 Step left to left side, step right next to left, step left to left side, hold.

[17 – 24] 4X TOE STRUTS BACK

1 – 4 Touch right toe back, drop right heel, touch left toe back, drop left heel.
5 – 8 Touch right toe back, drop right heel, touch left toe back, drop left heel.

[25 – 32] SIDE, TOGETHER, SIDE, TOUCH (REPEAT)

1 – 4 Step right to right side, step left next to right, step right to right side, touch left beside right.
5 – 8 Step left to left side, step right next to left, step left to left side, touch right beside left.

[33 – 40] SIDE, HOLD, CROSS, HOLD (REPEAT)

1 – 4 Step right to right side, hold, cross left over right, hold.
5 – 8 Step right to right side, hold, cross left over right, hold.

[41 – 48] 4X TOE STRUTS FORWARD

1 – 4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel.
5 – 8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel.

[49 – 56] STOMP, HOLD, STOMP, HOLD, HIP TO RIGHT, HIP TO LEFT

1 – 4 Stomp right to right diagonal, hold, stomp left to left diagonal, hold.
5 – 6 Bend knees and roll right hip to right side.
7 – 8 Bend knees and roll left hip to left side.

[57 – 64] LOCK-STEP TRAVELLING BACK, HOLD (REPEAT)

1 – 4 Step back on right, cross left over right, step back on right, hold.
5 – 8 Step back on left, cross right over left, step back on left, hold.

Start Again!