

DIZZY



Choreographed by: Jo Thompson
Music: **Dizzy** by **Scooter Lee**
Type: 4 wall, 32 counts
Level: Intermediate

ROCK, STEP, COASTER STEP, STEP, TURN ½, STEP, TURN ½

1 – 2 Rock right forward, recover to left.
3 & 4 Step right back, step left together, step right forward.
5 – 6 Step left forward, turn ½ right (weight to right).
7 – 8 Step left forward, turn ½ right (weight to right).

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

1 – 2 Cross left over right, step right to side.
3 & 4 Cross left behind right, rock right to side (with ball of right foot), step left slightly forward.
5 – 6 Cross right over left, step left to side.
7 & 8 Cross right behind left, rock left to side (with ball of left foot), step right slightly forward.

CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN LEFT TURN FORWARD

1 – 2 Cross left over right, step right to side.
3 & 4 Turn ¼ left and step left back, step right together, step left back.
5 – 6 Rock right back, recover to left.
Allow body to turn slightly right to prep for upcoming turn as you rock back.
7 – 8 Turn ½ left and step right back, turn ½ left and step left forward.
You will have done one full turn forward.

SHUFFLE FORWARD, STEP, TURN ½, SHUFFLE FORWARD, STEP, TURN ½

1 & 2 Chassé forward right, left, right.
3 – 4 Step left forward, turn ½ right (weight to right).
5 & 6 Chassé forward left, right, left.
7 – 8 Step right forward, turn ½ left (weight to left)

Start again!

At the end of the song, you will have 2 extra beats. Stomp right, left in place to finish.