

Funky Sole



Choreographed by: Robbie McGowan Hickie & Karl-Harry Winson (UK) Feb 2017
Music: **Old Time Rock & Roll** by **Michael Bolton** (CD: Songs Of Cinema, 122 bmp)
Type: 4 wall, 64 counts
Level: Easy intermediate

NOTES 16 count intro

[1 – 8] ROCK-STEP FORWARD, & HEEL SWITCHES, STEP, ½ PIVOT TURN RIGHT, STEP, ½ PIVOT TURN RIGHT

1 – 2 Rock right forward, recover onto left.
&3&4 Step back on right, dig left heel forward, step back on left, dig right heel forward.
&5 – 6 Step right back to place, step left forward, pivot ½ turn right. [6:00]
7 – 8 Step left forward, pivot ½ turn right. [12:00]

Easier option Counts 5 – 8, make left rocking chair instead.

[9 – 16] CROSS ROCK-STEP, SYNCOPATED TOUCH X2, ¼ TURN LEFT, ½ TURN LEFT, SIDE ROCK-STEP WITH ¼ TURN LEFT

1 – 2 Cross rock left over right, recover onto right.
&3 Step left diagonally back left side, touch right beside left.
&4 Step right diagonally back right side, touch left beside right.
5 – 6 Make ¼ turn left stepping left forward, make ½ turn left stepping back on right.
7 – 8 Make ¼ turn left rocking left to left side, recover onto right. [12:00]

Easier option Counts 5 – 8, step left to left side, step right behind left, rock left to left side, recover onto right.

[17 – 24] BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK-STEP, ¼ TURN RIGHT SAILOR-STEP

1 – 2 Cross left behind right, step right to right side.
3 & 4 Cross left over right, step right to right side, cross left over right.
5 – 6 Rock right to right side, recover onto left.
7 & 8 Make ¼ turn right stepping back on right, step left beside right, step right forward. [3:00]

[25 – 32] ROCK-STEP FORWARD, & BACK, BACK, ¼ TURN RIGHT, POINT, ¼ TURN LEFT, POINT

1 – 2 Rock left forward, recover onto right.
&3 – 4 Step left beside right, step back on right, step back on left.
5 – 6 Make ¼ turn right stepping right to right side, point left toe to left. [6:00]
7 – 8 Make ¼ turn left stepping left beside right, point right toe to right. [3:00]

[33 – 40] CROSS, SIDE, SAILOR-STEP, CROSS, SIDE, ¼ TURN LEFT SAILOR-STEP

1 – 2 Cross right over left, step left to left side.
3 & 4 Cross right behind left, step left to left side, step right to right side.
5 – 6 Cross left over right, step right to right side.
7 & 8 Cross left behind right making ¼ turn left, step right beside left, step forward on left. [12:00]

Continues...

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Continued...

[41 – 48] STEP, HOLD & CLAP, & STEP, SCUFF UP, 2 WALKS BACK, COASTER-CROSS

- 1 – 2 Step right forward, hold and clap.
- &3 – 4 Step ball on left beside right, step right forward, scuff left forward rising left knee up.
- 5 – 6 Walk back on left, walk back on right.
- 7 & 8 Step back on left, step right beside left, cross left over right.

[49 – 56] SIDE, BEHIND, & CROSS ROCK-STEP, CHASSE ¼ TURN LEFT, STEP, PIVOT ½ TURN LEFT

- 1 – 2 Step right to right side, cross left behind right.
- &3 – 4 Step ball of right to right side, cross rock left over right, recover onto right.
- 5 & 6 Step left to left side, close right beside left, make ¼ turn left stepping left forward. [9:00]
- 7 – 8 Step right forward, pivot ½ turn left. [3:00]

[57 – 64] ROCK-STEP FORWARD, 2X ½ TURNS RIGHT, ROCK-STEP BACK, 2X ½ TURNS LEFT

- 1 – 2 Rock right forward, recover onto left.
- 3 – 4 Make ½ turn right stepping right forward, make ½ turn right stepping back on left. [3:00]
- 5 – 6 Rock back on right, recover onto left.
- 7 – 8 Make ½ turn left stepping back on right, make ½ turn left stepping left forward. [3:00]

Easier option Rock-step forward, walk back, walk back, rock-step back, walk forward, walk forward.

Start Again!