

Lay Low



Choreographed by: Darren Bailey (UK, August 2015)

Music: **Lay Low** by **Josh Turner**

Type: 4 wall, 32 counts

Level: Improver

NOTES 32 count intro from the beat, RESTART during wall 4, TAG at the end of wall 9

[1 – 8] SIDE ROCK-STEP, CROSS SHUFFLE, ¼ TURN RIGHT X2, CROSS SHUFFLE

- 1 – 2 Rock right to right side, recover onto left.
- 3 & 4 Cross right over left, step left to left side, cross right over left.
- 5 – 6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right side. [6:00]
- 7 & 8 Cross left over right, step right to right side, cross left over right.

[9 – 16] SIDE, TOUCH, KICK-BALL-CROSS, SIDE ROCK-STEP, ½ LEFT SAILOR-STEP WITH CROSS

- 1 – 2 Step right to right side, touch left next to right.
- 3 & 4 Kick left forward to left diagonal, step left next to right, cross right over left.
- 5 – 6 Rock left to left side, recover onto right.
- 7 & 8 Make ¼ turn right crossing left behind right, step left next to right, turn ¼ right crossing left over right. [12:00]

RESTART Here during 4th wall when facing 9 o'clock

[17 – 24] STEP, LOCK, ¼ RIGHT CHASSE, ½ RIGHT PIVOT, ½ RIGHT SHUFFLE

- 1 – 2 Step right to right side, lock left behind right (popping right knee forward).
- 3 & 4 Step right to right side, close left next to right, turn ¼ right stepping right forward. [3:00]
- 5 – 6 Step left forward, make ½ pivot turn right. [9:00]
- 7 & 8 Turn ¼ right stepping left to left side, close right next to left, turn ¼ right stepping back on left. [3:00]

[25 – 32] BACK X2 WITH KNEE POPS, COASTER-STEP, CROSS ROCK-STEP, SCISSOR-STEP

- 1 – 2 Step back on right popping left knee forward, step back on left popping right knee forward.
- 3 & 4 Step back on right, close left next to right, step right forward.
- 5 – 6 Cross rock left over right, recover onto right.
- 7 & 8 Step left to left side, close right next to left, cross left over right.

Start again

TAG At the end of wall 9 when facing 12 o'clock

- 1 – 4 Click fingers on right hand X4 slowly bringing right hand down to the side.