

# Strummingbird



Choreographed by: Maddison Glover (October 2025)  
Music: **One More** by **James Johnston**  
Type: 4 wall, 32 counts  
Level: Absolute Beginner

NOTES 16 count intro

This dance was choreographed for the Australian Country Music Festival Tour "Strummingbird".  
I would like to thank James & his team for reaching out to me!

## **[1 – 8] SIDE, TOUCH IN PLACE, SIDE, TOUCH IN PLACE, VINE, TOUCH TOGETHER**

- 1 Step right to right side as you slightly bend both knees. *Option: Swing/scoop the hips down to right.*
- 2 Touch left in place. *Option: Click right hand in front of eyes or tip hat.*
- 3 Step down onto left as you slightly bend both knees. *Option: Swing/ scoop the hips down to left.*
- 4 Touch right in place. *Option: Click left hand in front of eyes or tip hat.*
- 5 – 8 Step right to right side, cross left behind right, step right to right side, touch left together.

## **[9 – 16] STEP OUT & HIP BUMP, HIP BUMPS, HIP BUMP & FLICK BEHIND, VINE, TOUCH TOGETHER**

- 1 – 2 Step/rock left out to left side as you bump hips to left, bump hips to right.
- 3 – 4 Bump hips to left, bump hips to right as you flick left up/behind.
- 5 – 8 Step left to left side, cross right behind left, step left to left side, touch right together.

## **[17 – 24] HEEL STRUTS FORWARD X4**

- 1 – 2 Touch right heel forward, lower toes to floor.
  - 3 – 4 Touch left heel forward, lower toes to floor.
  - 5 – 6 Touch right heel forward, lower toes to floor.
  - 7 – 8 Touch left heel forward, lower toes to floor.
- Option Funk it up – slightly bend knees when you lower toes.*

## **[25 – 32] DOUBLE HEEL FORWARD, DOUBLE TOE BACK, ¼ RIGHT TURNING V-STEP**

- 1 – 2 Touch right heel forward, touch right heel forward.
  - 3 – 4 Tap right toe back, tap right toe back.
  - 5 – 6 Step right forward into right diagonal, step left forward into left diagonal.
  - 7 – 8 Turn ¼ right stepping back on right [1:30], turn ¼ right stepping left together. [3:00]
- Option On count 8; jump together as you clap hands together.*

NO TAGS. NO RESTARTS. YOU'RE WELCOME!

## **Ending**

Once you have completed your final V-Step to face 6 o'clock;  
Make a further ½ turn to 12 o'clock by jumping feet apart as you throw both hands up in the air!