

Sugar Pie



Choreographed by: Mike Hitchen (Jan 10)
Music: **I Cant Help Myself (Sugar Pie Honey Punch)** by **Four Tops**
Type: 4 wall, 32 counts
Level: Improver

NOTES: 24 count intro
RESTART on the 7th wall after 24 counts

1 – 8: SIDE ROCK, CROSS SHUFFLE, ¼ TURN, ¼ TURN, CROSS SHUFFLE

1 – 2 Rock right to right side, recover onto left.
3 & 4 Cross right over left, step left to side, cross right over left.
5 – 6 Turn ¼ to right stepping left back, turn ¼ to right stepping right to side. [6:00]
7 & 8 Cross left over right, step right to side, cross left over right.

9 – 16: SIDE ROCK, BEHIND, SIDE, STEP FORWARD, ROCK STEP, ½ TURN SHUFFLE

1 – 2 Rock right to right side, recover onto left.
3 & 4 Step right behind left, step left to side, step right forward.
5 – 6 Rock left forward, recover onto right.
7 & 8 Left shuffle making ½ turn left stepping left, right, left. [12:00]

17 – 24: CROSS STRUT, TURN STRUT, ROCK BACK, ROCK FORWARD

1 – 2 Cross right over left touching toe onto floor, step on heel.
3 – 4 Turn ¼ right touching left toe onto floor, step on heel. [3:00]
5 – 6 Rock right back, recover onto left.
7 – 8 Rock right forward, recover onto left.

Note: RESTART here on the 7th wall.

25 – 32: ½ TURN SHUFFLE, ROCK STEP, COASTER STEP, TOUCH, TOUCH

1 & 2 Right shuffle making ½ turn right stepping right, left, right. [9:00]
3 – 4 Rock left forward, recover onto right.
5 & 6 Step left back, step right beside left, step left forward.
7 – 8 Touch right to side, touch right next to left.

Happy dancing!